



The Life of Sir Ludwig Guttmann

Resources

A football, a stethoscope or similar piece of medical equipment, PE equipment, images of Dr Guttmann's life – available online.

Introduction

The purpose of this resource is to give you the opportunity to teach your students about the link between the Paralympic games and the Holocaust. It is a chance to teach your students about making positive life choices - no matter how great the darkness of the past we can all strive, like Dr Guttmann, for a better future.

The lesson focuses on the life story of Paralympic founder Dr Guttmann and you may want to link it to work focused on the Paralympics. Suggestions for such work are given below.

You may choose to cue students into this lesson by lighting a candle.

Ideas of Paralympic work

Find out about the Paralympic athletes – Choose a hero – Make a flag to wave in support of them as they compete.

Organise games – Celebrate your competitors – Make medals to award competitors.

Report on your games - Interview athletes - Measure distances.

The following websites may also provide useful ideas:

<http://www.mandevillelegacy.org.uk>

<http://www.paralympic.org>

Going forward

We hope that you will be able to link this work with the two other components of HMD 2012 **Speak Up, Speak Out** resources for special schools. Please see the HMD education site

(<http://education.hmd.org.uk/>) to find lesson plans relating to Martin Niemoller's *First they came*

poem, and also to the Holocaust Memorial Day 2012 pledge
(http://speakupnow.org.uk/sign_our_pledge.php).

The Paralympic games.

Learning objectives: - To learn about the life story of Dr Ludwig Guttman – founder of the Paralympics.
- To think about, and make, good choices.

Introduction	Participation	Tasks – Choose tasks for individual students or small groups.	Plenary
Between 1933 and 1945 a terrible thing called the Holocaust happened. (Refer to previous work you may have done). Many people were killed, but Dr Guttman escaped and went on to live an amazing life, which we are going to learn about today. He founded the Paralympic games (Refer to work on the Paralympics you may have done). His life reminds us that we can choose to make our lives good, even if bad things have happened to us in the past. We can also choose to live in a way that ensures the bad things won't happen again (Refer to Pledge work).	Share the story of Dr Guttman with the class. Choose students to act out each section of the story. Having a football, a stethoscope, and some PE kit might help with this.	<ul style="list-style-type: none"> • obtain images to do with the story. Print photos from the internet, or use our line drawings and then colour them. Discuss the story with an adult • act the story out – think about the expressions you will need on your face for each section – is it happy or sad? • identify bad/good things in the story – sort the drawings of the story, discuss your choices with an adult • think about emotions, choose an emotion symbol to stick to each of the drawings of the story, discuss with an adult • working with an adult, discuss the choices in the story – Did Dr Guttman choose to do this? Bad things were forced upon him, but using his choices he made things good. Make choices yourself in familiar circumstances • take part in activities relating to the Paralympic games – (suggestions are given below) 	Share and celebrate work from all the students. Dr Guttman saw many bad things in his life, the Holocaust, the paralysed man left to die. Using his choices Dr Guttman made lots of good things happen. We can make good choices and do good things. We can choose to sign the pledge, we can choose to be kind to each other, we can choose to try hard at sport, we could even become Paralympians!
Examples of what learning might look like:	P1-3 Pupils encounter activities relating to the Paralympics. Pupils recognise familiar objects, eg a football. Pupils explore objects in increasingly complex ways, eg turning a ball over, or kicking it.	P4-6 Pupils use single words, signs and symbols to talk about things they see during the lesson. Pupils derive some meaning from the pictures of Dr Guttman's life. Pupils ask simple questions to find out more about Dr Guttman.	P7-8 Pupils communicate ideas about the Holocaust, the Paralympics or their own lives, using simple phrases and statements. Pupils take part in the role play of Dr Guttman's life with confidence.

A shortened version of:

The life story of Dr Ludwig Guttmann – Holocaust survivor and founder of the Paralympic games.

Read the [full length version](#).

1. in 1899 a man called Ludwig Guttmann was born in Germany. He wanted to be a doctor, he also really liked sport.
2. when Guttmann was learning to be a doctor he met a patient who had been paralysed. He wanted to help them but the other doctors said no. The patient died.
3. Dr Guttmann was a very good Doctor but when the Nazis came to power they didn't want him to look after them because he was Jewish.
Dr Guttmann found a hospital just for Jewish people and worked there. Dr Guttmann helped lots of Jewish people.
The Nazis didn't like this and they were cruel to him. He was frightened.
4. Dr Guttmann left Germany to escape from the Nazis. He worked in a hospital in England that helps people who are paralysed, just like the man he met when he was learning to be a doctor.
5. Dr Guttmann thought that doing sport could help his patients so he decided to hold competitions. At first he chose dangerous sports and people got hurt!
Then he made better choices and people stopped getting hurt and started having fun. His competition became so popular that people from other countries started to join in.
6. now Dr Guttmann's competitions are known as the Paralympics and disabled sports men and women from all over the world compete, showing everyone how brilliant they are.

Images relating to the six parts of this story can be found below.









